

Date: 27 April 2021 to 22 May 2021  
 Venue: Gymnasium (F0920), Sports and Wellness Centre, 9/F, OUHK  
 Jockey Club Institute of Healthcare  
 Quotas: 18 users/session (to maintain social distancing)  
 Registration: Walk-in only, on a first-come-first-served basis  
 Eligible users: All OUHK active full-time students, full-time staff, or retirees

Available sessions for all eligible users **(no Fitness Card required until 22 May)**:

Monday, Wednesday, Friday	Tuesday, Thursday
12:00 – 13:30	18:00 – 19:30

Available sessions for **OUHK Fitness Cardholders**:

Monday – Friday	Saturday
08:00 – 09:30	10:00 – 11:30
10:00 – 11:30	12:00 – 13:30
12:00 – 13:30	15:00 – 16:30
14:00 – 15:30	17:00 – 18:30
16:00 – 17:30	
18:00 – 19:30	

### Important Notes

- According to the Government’s regulations, users are required to use “Leave Home Safe” app in their mobiles to scan the specific QR code displayed at Information Centre of Sports & Wellness Centre or leave their name, contact number, visiting date and time before entering the gymnasium.
- To access gymnasium, users must present valid identification and Fitness Card issued by the University at the Information Counter on 9/F, OUHK Jockey Club Institute of Healthcare except specific timeslots.
- Each user will be allowed to use facilities of the gymnasium for a session per day.
- Users must wear a face mask at all times and maintain a distance of at least 1.5m from others.
- Sanitize your hands upon entry and exist. Wipe down equipment and machines after use.
- Gymnasium is closed on Public Holidays.
- The University will closely monitor the pandemic situation and review the operation of gymnasium from time to time. The latest information will be announced via email and/or on the website of Student Affairs Office.
- For students who were informed by email to collect their OUHK Fitness Cards but still have not done so, please go to F0917 during office hours from 22 February 2021.

Enquiry

Sports and Wellness Centre

Tel: 3641 1036

Office Hours:

Monday to Friday 8:00am – 9:00pm

Saturday 10:00am – 7:00pm

Closed on Sunday and Public Holiday

Stay healthy!

Student Affairs Office (Sports and Wellness)