



THE HONG KONG
POLYTECHNIC UNIVERSITY
香港理工大學

COLLEGE OF PROFESSIONAL AND
CONTINUING EDUCATION
專業及持續教育學院

School of Professional Education
and Executive Development
專業進修學院

SPEED

Centre for
Ageing and
Healthcare
Management
Research

老齡化和醫療管理研究中心

Centre for Ageing and Healthcare Management Research Research Seminar

E-Mental Health in Times of Crisis and Beyond

Date : 15 July 2021 (Thursday)
Time : 2:00 pm to 4:00 pm
Mode of Presentation : Online (Zoom)
Language : English



Online Registration

Speaker

Prof. Sally CHAN
President,
Tung Wah College



Moderator

Dr Ben Yuk-fai FONG
Associate Division Head and
Professor of Practice (Health
Studies), SEHS, CPCE,
and Director, CAHMR, PolyU
SPEED



Abstract

The use of e-technologies, such as Internet, Mobile Technologies, and Apps, in support of health and health-related fields is rapidly rising in popularity. There is a collective recognition of the value and contribution of e-technologies in advancing health. Australia is at the forefront of transforming healthcare delivery, eHealth has been adopted in many health services. However, eHealth sometimes is promoted before adequate evidence has been generated through research in terms of their effectiveness. As a result, the health system views these interventions with healthy skepticism and is cautious in integrating these approaches into routine health service delivery.

In this presentation, Professor Chan will share development of e-mental health in Australia and her work on using e-technology in promoting mental health and psychosocial well-being for carers and people with various health conditions in diverse contexts. She will discuss the opportunities and challenges of technology-driven approach to support carers and patients. The presentation intends to stimulate collaboration to advance eHealth through research, capacity building and health system integration.

For registration, please visit <https://bit.ly/2TsZlgb> on or before **14 July 2021 (Wednesday)**

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