

## Gymnasium Opening Hours Update

Please note that the gymnasium will resume normal opening hours with effect from 15 June 2021. Details are as follows:

Facility	Opening Hours	Remarks
Gymnasium (F0920)	08:00 – 21:00 (Monday to Friday)*	14:30-15:30 closed for cleaning
	10:00 – 19:00 (Saturday)*	

\* Closed on Public Holidays, early closed on Festival Days at 18:00

Maximum capacity: 25 users (to maintain social distancing)  
Registration: Walk-in only, on a first-come-first-served basis  
Eligible users: All HKMU active full-time students, full-time staff, or retirees with fitness card

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Available sessions for all eligible users **(no fitness card required)**:

Monday, Wednesday, Friday	Tuesday, Thursday
12:00 – 14:00	18:00 – 20:00

\* Closed on Public Holidays, early closed on Festival Days at 18:00

Maximum capacity: 25 users (to maintain social distancing)  
Registration: Walk-in only, on a first-come-first-served basis

### Important Notes

- According to the Government’s regulations, users are required to use “Leave Home Safe” app in their mobiles to scan the specific QR code displayed at Information Centre of Sports & Wellness Centre or leave their name, contact number, visiting date and time before entering the gymnasium.
- To access gymnasium, users must present valid identification and fitness card issued by the University at the Information Centre on 9/F, HKMU Jockey Club Institute of Healthcare except specific timeslots.
- Each user will be allowed to use facilities of the gymnasium for a session per day.
- Users must wear a face mask at all times and maintain a distance of at least 1.5m from others.
- Sanitize your hands upon entry and exist. Wipe down equipment and machines after use.
- Gymnasium is closed on Public Holidays and early closed on Festival Days at 18:00.

- The University will closely monitor the pandemic situation and review the operation of gymnasium from time to time. The latest information will be announced via email and/or on the website of Student Affairs Office.

Enquiries

Sports and Wellness Centre

Tel: 3641 1036

Stay healthy!

Student Affairs Office (Sports and Wellness)

30 September 2021