



香港公開大學
THE OPEN UNIVERSITY
OF HONG KONG

Bachelor of Science with Honours in Physiotherapy

JUPAS Catalogue No.: JS9790



Name of Award: Bachelor of Science with Honours in Physiotherapy

Mode (Years of Study): Full Time (4 years)

Medium of Instruction: English

First Year Intake: 40

Introduction

Programme Aim

The four-year *Bachelor of Science with Honours in Physiotherapy* programme aims to equip the students with the necessary theoretical and practical skill, competence and confidence to qualify as professional Physiotherapists.

Programme Characteristics

- The curriculum is developed in compliance with international standards and the Physiotherapists Board's requirements for programme accreditation.
- Professional courses will be delivered in small classes/groups.
- In addition to state-of-the-art equipment in specially-designed practical rooms, advanced technology such as web-based resource hub, simulation experience and digital dissection pedagogy will be used to facilitate teaching and learning.
- Clinical placements of over 1000 hours will be arranged in hospitals, clinics, non-governmental organizations, and community-based settings.

Programme Philosophy

The Bachelor of Science with Honours in Physiotherapy programme is underpinned with the belief that:

- Human is a holistic being who reacts constantly to his/her changing environment as a unified whole in his/her own unique way.
- Health is a dynamic state in well-being in terms of physical, mental, emotional and social functioning, and not merely an absence of diseases. Any alteration in the balanced state affects the total being's adjustment to and of the environment.
- Physiotherapy is a health profession that assesses and provides services to individuals to develop, maintain and restore maximum movement and functional ability throughout the lifespan. Physiotherapy services/interventions are necessary where body structure and/or functions are compromised/impaired, activities are limited, and participation is restricted.
- Education is a learner-centred process of inquiry and discovery involving learners, learning resources and facilitators in dynamic relationships leading to change and growth in each individual. Physiotherapists may shift their roles from direct intervention/care of the clients/patients to being health educators by collaborating a patient/client-centred educational/consultative approach for health promotion and injury/disease prevention.

The curriculum adopts a holistic approach to client/patient care by incorporating the concept of International Classification of Functioning, Disability and Health (ICF) promulgated by the World Health Organisation (WHO, Geneva, 2002). This is a paradigm shift from a medical model of health care which focuses merely on the disease/injury/condition of the patients to a holistic concept of care called biopsychosocial model, by taking a coherent view of different perspectives of health, biological, individual and social. The ICF model highlights the key professional roles of the Physiotherapists in the prevention of impairments, in reducing limitations in activities, and in the enhancement of participation of the patients/clients, by maximising positive environmental and personal factors to achieve the best outcomes of rehabilitation, including but not limited to maintenance of health, quality of life, fitness and well-being in all ages and populations.

Curriculum

Overview

Students are required to successfully complete not fewer than 21 university-based courses and the Clinical Practicum of more than 1000 hours, to accumulate to a minimum total of 200 credits for fulfilment of the graduation requirements of the Bachelor of Science with Honours in Physiotherapy, within a normal period of 4 academic years (including summer terms).

Component	No. of Credits
A. University Requirements	40
B. Core Science Courses	30
C. Specialized Professional Courses	75
D. Clinical Practicum	55
Total no. of required credits	200



The Courses

Course Category/Title

A. University Requirements

Effective Use of English I
English for Effective Communication II
General Education I
General Education II
General Education III
General Education IV
Rehabilitation Psychology
Healthcare and Society

B. Core Science Courses

Human Anatomy and Physiology
Functional Anatomy
Movement Study and Exercise Science
Research Methods and Statistics

C. Specialized Professional Courses

Principles of Physiotherapy Practice
Electrophysical Therapy and Advanced Technology in
Rehabilitation
Cardiopulmonary Physiotherapy and Pharmacology
Orthopaedics and Musculoskeletal Physiotherapy I
Orthopaedics and Musculoskeletal Physiotherapy II
Neurological Physiotherapy
Clinical Neurology and Developmental Disabilities
Primary Health and Community Care
Capstone Project

D. Clinical Practicum

Clinical Practicum I
Clinical Practicum II
Clinical Practicum III
Clinical Practicum IV



The Four-year Programme Structure

Year 1

Course Title		Course Title		Course Title
Year 1 Autumn Term		Year 1 Spring Term		Year 1 Summer Term
Effective Use of English I		English for Effective Communication II		General Education II
General Education I		Functional Anatomy		Principles of Physiotherapy Practice
Movement Study and Exercise Science				
Human Anatomy and Physiology				

Year 2

Year 2 Autumn Term		Year 2 Spring Term		Year 2 Summer Term
General Education III		General Education IV		Clinical Practicum I
Orthopaedics and Musculoskeletal Physiotherapy I				Clinical Practicum II
Clinical Neurology and Developmental Disabilities				
Electrophysical Therapy and Advanced Technology in Rehabilitation		Rehabilitation Psychology		

Year 3

Year 3 Autumn Term		Year 3 Spring Term		Year 3 Summer Term
Orthopaedics and Musculoskeletal Physiotherapy II				Clinical Practicum III
Neurological Physiotherapy				
Cardiopulmonary Physiotherapy and Pharmacology				
Healthcare and Society		Research Methods and Statistics		

Year 4

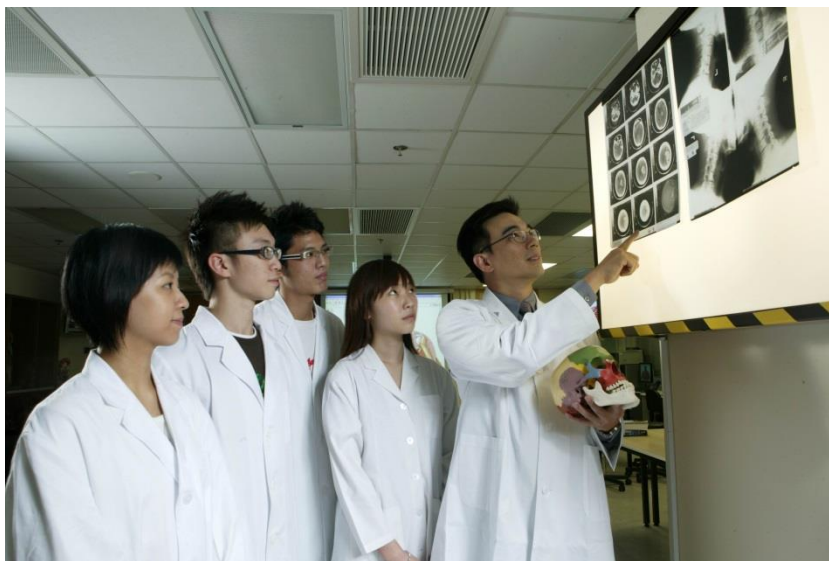
Year 4 Autumn Term		Year 4 Spring Term		Year 4 Summer Term
Clinical Practicum IV		Primary Health and Community Care		
		Capstone Project		

Learning and Teaching

- The Bachelor of Science with Honours in Physiotherapy Programme will be delivered in full-time face-to-face mode.
- Various learning and teaching strategies are adopted to facilitate students' learning, including lectures, seminars, tutorials, practical sessions, self-guided practice, field visits, online learning environment, capstone project and clinical practicum.
- The learning and teaching methods reflect the intended learning outcomes, and an integrative approach will be adopted to bridge the gap between theory and practice of the professional skills, both within a course and across the whole programme.
- The learning and teaching methods will also enhance the students' academic study and problem-based learning, which lay down the foundation for career-long professional development and life-long learning for best professional practices and maintenance of professional standard.
- Student-centred learning will be encouraged to enhance students' self-directed learning skills, towards an autonomous and responsible learner.

Medium of Instruction

The medium of instruction is English. Some General Education courses will be taught in Chinese.



Programme Minimum Entrance Requirements

JUPAS:

HKDSE	
Chinese Language	Level 3 or above
English Language	Level 3 or above
Mathematics	Level 2 or above
Liberal Studies	Level 2 or above
An elective subject Preferably: <ul style="list-style-type: none">● Biology● Physics● Combined Science (with Biology & Physics)	Level 2 or above

Non-JUPAS:

Follow the admission requirements of the Open University of Hong Kong.

The Open University of Hong Kong's Non-JUPAS application information can be found at the link below:



Professional Recognition

Upon successful accreditation of the programme by the Physiotherapists Board, graduates will be qualified for practice as Registered Physiotherapists in Hong Kong. They may apply for full membership of the Hong Kong Physiotherapy Association, which is a member of the World Confederation for Physical Therapy (WCPT).

Career Prospects

A review from the Hong Kong Food and Health Bureau[#] reveals a huge shortage of practicing Physiotherapists in Hong Kong. Registered Physiotherapists can work in the hospitals, rehabilitation centres, public and private health organizations, non-governmental organizations, private clinics, sports and fitness institutions, elderly homes, community centers, and special schools.

[#]Source: *Strategic Review on Healthcare Manpower Planning and Professional Development Report 2017 (Food and Health Bureau, The Government of the Hong Kong Special Administrative Region)*

Tuition Fee

Estimated Programme Fees:

1st year: HK\$160,000

Estimated Programme Fees after deducting the ‘Non-means-tested Subsidy Scheme for Self-financing Undergraduate Studies in Hong Kong’ (NMTSS) subsidy (HK\$31,300/year), if applicable:

1st year: HK\$128,700

Whole Programme: HK\$514,800

The University will apply for the ‘Study Subsidy Scheme for Designated Professions/Sectors’ (SSSDP) subsidy (HK\$74,600) starting from 2nd year for the 2020/2021 cohort students:

1st year: HK\$128,700

2nd to 4th year: HK\$85,400 per year

Whole Programme: HK\$384,900

Remarks:

1. The estimated composite tuition/programme fees listed above are subjected to the University’s approval and for reference only. Non-local students will be charged at a higher rate.
2. The composite tuition/programme fees listed above have included laboratory/ practicum/ immersion course fees, etc., if applicable.
3. There will be an annual adjustment of tuition fees which will be capped at the actual Composite Consumer Price Index (CCPI) to be announced by the Government. The estimated composite tuition/programme fees for the whole programme has not yet taken the CCPI for the second to fourth year, i.e. 2021/22 to 2023/24 academic year, into account.

4. Students, who fulfilled the stipulated requirements set by the Education Bureau (EDB), are eligible for the NMTSS provided by the Government. For details of the scheme and eligibility, please visit <http://www.cspe.edu.hk/nmtss>.
5. A student's eligibility for the NMTSS and the annual subsidy amount allocated in an academic year is subject to EDB's final approval. The annual subsidy amount of NMTSS for the 2020/21 academic year is to be confirmed by EDB.
6. Only local students are eligible for subsidy under NMTSS.

Media Coverage

By Ming Pao:

公大開辦物理治療：有信心獲認證 (in Chinese)



By HK01:

公大 2020 年推物理治療課程 4 年學費 64 萬元首屆畢業前料獲認證 (in Chinese)



By Sing Tao Daily:

【教育要聞】公大首辦物理治療課程 新大樓設診所供實習 (in Chinese)



Further Information

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