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**ABSTRACT**

A study was conducted to investigate the Hong Kong psychiatric nurses, knowledge, attitude and practice on putting mental patients under physical restraint. A self-questionnaires survey was reported. Sixty psychiatric nurses selected by convenience sampling. Forty-nine questionnaires were returned. The response rate is 81.7% response rate. The respondents' knowledge on physical restraint could be categorized to be good knowledge. Their attitude was slightly positive. They also showed very good practice. Only few respondents had tried alternative measure before putting physical restraint to mental patients. The commonest alternative measure used was sedation. There had significant negative relationship between practice and incident rate of physical restraint. The Pearson correlation results showed a correlation coefficient  $r = -.334$ ,  $p \leq 0.05$ .