

Bachelor of Nursing with Honours in General Health Care
Bachelor of Nursing with Honours in Mental Health Care

NURS N103 F Fundamental Nursing Practice (2019/2020)

Timetable (Autumn Term) - Lecture

Course Coordinator : Ms. Carol Kwok

Time: **Lecture A** 09:00 – 13:00 <GP. 1-9> / **Lecture B** 14:00 – 18:00 <GP. 10-14>

Venue: D0212 / C0518

Time-table for Lectures					
Wk.	Date (Tue)	Lecture A (GP. 1-9)		Lecture B (GP. 10-14)	
		Topic	Lecturer	Topic	Lecturer
1.	3.9	Professional Nursing Principles of Recording and Reporting	Eva	Professional Nursing Principles of Recording and Reporting	Eva
2.	10.9	Vital Signs (1)	Irene	Nutritional Management (1)	Carol
3.	17.9	Vital Signs (2)	Irene	Nutritional Management (2)	Carol
4.	24.9	Nutritional Management (1)	Carol	Vital Signs (1)	Irene

5.	1.10	PH			
6.	8.10	Nutritional Management (2)	Carol	Vital Signs (2)	Irene
7.	15.10	Health Care Environment Principles of Bed making	Eva	Health Care Environment Principles of Bed making	Eva
8.	22.10	Respiratory Care (1)	Carol	Respiratory Care (1)	Carol
9.	29.10	Respiratory Care (2)	Carol	Respiratory Care (2)	Carol
10.	5.11	Comfort & Personal Hygiene	Bonnie	Comfort & Personal Hygiene	Bonnie
11.	12.11	Hot and Cold Therapies Rest & Sleep	Bonnie	Hot and Cold Therapies Rest & Sleep	Bonnie
12.	19.11	Specimen collection	Eva	Specimen collection	Eva
13.	26.11	Admission & Discharge	Carol	Admission & Discharge	Carol
14.	3.12	Test			Carol

Time-table for Supervised-Practice Sessions (For 1 to 14 groups) (Tuesday & Wednesday) Venue: OUHK JC 9/F, D0909, D0910, D0911 or D0919									
Wk	Date	Topics	Time	0900 - 1030	1030-1200	1330-1500	1500-1630	1630-1800	Supervisor
1, 2	3.9 & 10/9	No SPS							
3	17.9	SPS 1 Vital signs Nutrition	D0909		10	9	5		
			D0910		11	8	4	1	
			D0911	14	12	7	3		
			D0919		13	6	2		
4	24.9	SPS 2 Vital signs Nutrition	D0909		10	5	9		
			D0910		11	4	8	1	
			D0911	14	12	3	7		
			D0919		13	2	6		
5	2.10 (Wed.)	SPS 3 Vital signs Nutrition	Time	0900 - 1030	1030-1200	1300-1430	1430-1600		
			D0909	9	5	10			
			D0910	8	4	1	11		
			D0911	7	3	12	14		
			D0919	6	2	13			
6	8.10	SPS 4 Vital signs Nutrition	Time	0900 - 1030	1030-1200	1330-1500	1500-1630	1630-1800	
			D0909		10	9	5		
			D0910		11	8	4	1	
			D0911	14	12	7	3		
			D0919		13	6	2		

7	15.10	SPS 5 Vital signs Nutrition	D0909		10	5	9		
			D0910		11	4	8	1	
			D0911	14	12	3	7		
			D0919		13	2	6		
8	22.10	SPS 6 Bed making	D0909		10	9	5		
			D0910		11	8	4	1	
			D0911	14	12	7	3		
			D0919		13	6	2		
9	29.10	SPS 7 Respiration	D0909						
			D0910	14	11	4	8	1	
			D0911	10	12	3	7	5	
			D0919		13	2	6	9	
10	5.11	SPS 8 Respiration	D0909						
			D0910	14	11	8	4	1	
			D0911	10	12	7	3	5	
			D0919		13	6	2	9	
11	12.11	SPS 9 Comfort & Hygiene	D0909		10	5	9		
			D0910		11	4	8	1	
			D0911	14	12	3	7		
			D0919		13	2	6		
12	19.11	SPS 10 Hot & Cold Rest & Sleep	D0909		10	9	5		
			D0910		11	8	4	1	
			D0911	14	12	7	3		
			D0919		13	6	2		

13	26.11	SPS 11 Specimen	D0909		10	5	9		
			D0910		11	4	8	1	
			D0911	14	12	3	7		
			D0919		13	2	6		
			Time	1400 - 1700					
14	3.12	SPS 12 (Mix skills)	D0909	1					
			D0910	2					
			D0911	3					
			D0919	4					
			Time	0900-1200	1200-1500	1500 - 1800			
14	4.12 (Wed.)	SPS 12 (Mix skills)	D0909	5	9				
			D0910	6	10	14			
			D0911	7	11	13			
			D0919	8	12				
15	10 – 11 Dec (Tue & Wed – Whole day) Practical Exam I								

**Time-table for Laboratory Sessions (Demonstration & Practice)
(Wednesday)**

Venue: OUHK JC 9/F, D0909, D0910, D0911 or D0919

Wk	Date	Topics							
		Lecture A (1-9)	Lecture B (10-14)		0900 - 1030	1030-1200	1330-1500	1500-1630	Lecturer
1	4.9	<ul style="list-style-type: none"> Orientation to lab environment Introduction to bed unit 	<ul style="list-style-type: none"> Orientation to lab environment Introduction to bed unit 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
2	11.9	<ul style="list-style-type: none"> Vital signs taking (1) 	<ul style="list-style-type: none"> NG tube insertion Checking placement 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
3	18.9	<ul style="list-style-type: none"> Vital signs taking (2) 	<ul style="list-style-type: none"> NG tube feeding & aspiration Removal of NG Tube Feeding pump and equipment 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
4	25.9	<ul style="list-style-type: none"> NG tube insertion Checking placement 	<ul style="list-style-type: none"> Vital signs taking (1) 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
5	2.10	No lab							

6	9.10	<ul style="list-style-type: none"> ♦ NG tube feeding & aspiration ♦ Removal of NG Tube ♦ Feeding pump and equipment 	<ul style="list-style-type: none"> ♦ Vital signs taking (2) 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
7	16.10	<ul style="list-style-type: none"> ♦ Bed Making 	<ul style="list-style-type: none"> ♦ Bed Making 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
8	23.10	<ul style="list-style-type: none"> ♦ O2 delivery system /Airways 	<ul style="list-style-type: none"> ♦ O2 delivery system /Airways 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
9	30.10	<ul style="list-style-type: none"> ♦ Oropharyngeal suctioning ♦ Nasopharyngeal suctioning 	<ul style="list-style-type: none"> ♦ Oropharyngeal suctioning ♦ Nasopharyngeal suctioning 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
10	6.11	<ul style="list-style-type: none"> ♦ Oral care ♦ Perineal swabbing ♦ Changing of napkin 	<ul style="list-style-type: none"> ♦ Oral care ♦ Perineal swabbing ♦ Changing of napkin 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
11	13.11	<ul style="list-style-type: none"> ♦ Bed bath ♦ Hot & Cold therapy 	<ul style="list-style-type: none"> ♦ Bed bath ♦ Hot & Cold therapy 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		

12	20.11	<ul style="list-style-type: none"> ♦ Specimen Collection ♦ POCT Training 	<ul style="list-style-type: none"> ♦ Specimen Collection ♦ POCT Training 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
13	27.11	<ul style="list-style-type: none"> ♦ Admission & Discharge 	<ul style="list-style-type: none"> ♦ Admission & Discharge 	D0909	8	10	11		
				D0910	1	2	3	4	
				D0911	5	6	7	9	
				D0919	12	13	14		
14	4.12	Please refer to SPS							
15	10 – 11 Dec (Tue & Wed – Whole day) Practical Exam I								

(Student Version)

Time-table for Simulation Training (JC E0924) (Wednesday)										
Wk.	Date	Topics	Time							
3	18/9 (Wed)	Simulation training 1	0900-1000	0945-1045	1030-1130	1115-1215	1200-1300	1400-1500	1445-1545	1530-1630
			2	3	8	1	7	4	6	14
4	25/9 (Wed)		1245-1345	1330-1430	1415-1515	1500-1600	1545-1645	1630-1730		
			5	12	13	10	11	9		
5	2/10 (Wed)	Simulation training 2	0900-1000	0945-1045	1030-1130	1115-1215	1200-1300	1400-1500	1445-1545	1530-1630
			6	4	1	5	3	8	7	2
6	9/10 (Wed)		1245-1345	1330-1430	1415-1515	1500-1600	1545-1645	1630-1730		
			12	13	10	14	11	119		
9	30/10 (Wed)	Simulation Examination	0900-1030	1030-1200	1200-1330	1330-1500	1600-1730			
			6	1	5	4	3			
10	6/11 (Wed)		0900-1030	1030-1200	1200-1330	1330-1500	1500-1630	1630-1800		
			2	12	13	8	14	9		
11	13/11 (Wed)		0900-1030	1030-1200	1200-1330					
			10	7	11					

Remark:

1. All simulation exams are scheduled according to tutorial group, no swapping is allowed.